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## Massage Therapy Client Medical History Form

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_ Occupation: \_\_\_\_\_

Referred by: \_\_\_\_\_ Physician: \_\_\_\_\_

Best method/time of day to contact you: \_\_\_\_\_

Emergency Contact Name/Number: \_\_\_\_\_

Have you ever received a massage before? (circle one): Yes | No

Today's primary reason for massage: \_\_\_\_\_

Check any of the following that apply to your current health:

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Headaches/migraines     | <input type="checkbox"/> Chronic pain    | <input type="checkbox"/> Fatigue         | <input type="checkbox"/> Heart conditions       |
| <input type="checkbox"/> Circulatory conditions  | <input type="checkbox"/> Tension/stress  | <input type="checkbox"/> Depression      | <input type="checkbox"/> Muscle or joint pain   |
| <input type="checkbox"/> Numbness or tingling    | <input type="checkbox"/> Cancer          | <input type="checkbox"/> Arthritis       | <input type="checkbox"/> Diabetes               |
| <input type="checkbox"/> Pregnancy               | <input type="checkbox"/> Blood clots     | <input type="checkbox"/> Fever           | <input type="checkbox"/> Allergies/Sensitivity  |
| <input type="checkbox"/> High/low Blood Pressure | <input type="checkbox"/> Sprains/Strains | <input type="checkbox"/> Infectious dis. | <input type="checkbox"/> Other injuries/illness |

Explain items noted above: \_\_\_\_\_

\_\_\_\_\_

Current medications, including herbs & supplements: \_\_\_\_\_

\_\_\_\_\_

Surgeries, accidents, and/or major illnesses: \_\_\_\_\_

\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Thank you! Please note that all information on this form will be kept confidential.*